



PRIDE & FUERZA · A WORKING NOTEBOOK

WHAT THE CARDS SHOW YOU

Seventy-eight pages for your own readings.
No meanings printed here — only room for
what you see.

FOREWORD & METHOD BY

Mona “Wonder” Ramirez

This book belongs to _____

Deck used _____

Started _____



START WHERE YOU ARE

I have been asked, more times than I can count, what a card *means*. I have stopped answering. Not to be difficult — because the answer I give becomes the answer you stop looking for.

A tarot card is a picture. Before it was ever a system, it was a picture that somebody drew and somebody else looked at. You already know how to look at a picture. You do it every day: you read a face across a room, you read weather, you read a room you walk into. That is the whole skill. This book simply slows it down and makes you write it down.

There are meanings, and they are worth learning. Look them up — later, on your own, in your own time, from whichever book you trust. If you learn

them first you will spend years reciting somebody else's sentence while the card in front of you is trying to say something specific to your Tuesday.

So the order matters. Look first. Record what you saw. Then, if you like, go read the tradition and see where you agree with it and where you quietly do not. Both are useful. Disagreement is not a mistake; it is the start of a reading voice.

You will be tempted to write the impressive thing. Don't. "This one makes me uncomfortable and I don't know why" is a better entry than a paragraph of borrowed poetry. Nobody is grading this. I am not going to read it.

Be a little strict with yourself about the schedule at the back, and very gentle with yourself about the answers. That is the correct combination.

The one rule

Write before you read. Everything else in this book is a suggestion.

— Mona "Wonder" Ramirez



HOW TO WORK A PAGE

Every card page is built the same way, so the work becomes a habit rather than a decision. Take one card at a time. Give it eight minutes. Eight honest minutes beats an hour of drifting.

01 Find the card in your own deck

The picture printed on the page is the classic drawing, for reference. Hold your own card. If your deck shows the scene differently, your deck wins.

02 Answer section one fast

First feeling, thirty seconds, no editing. Body words are allowed and encouraged: tight, warm, restless, heavy. If you catch yourself explaining, stop and write the plain thing instead.

03 Look again, slower, and inventory

Section two is for evidence, not interpretation. Count things. Read the background. Note colors, hands, where the eyes point, what is behind the figure, what is deliberately hidden or cut off by the frame.

04 Bring it back to today

Section three is the important one: what does this card mean to you *right now* — this week, this job, this person, this decision. Date it. In a year you will see how your cards moved with your life.

05 Close the book before you look anything up

Only then go find the traditional meaning if you want it. Keep that reading somewhere else — a second notebook, a margin, a phone note. These pages stay yours.

Pages are ruled double-space on purpose. Write large. Leave the second half of a line blank if that is all you have — a thin page is honest data about how that card sat with you that day.



THE MAJOR ARCANA



Twenty-two cards, numbered from zero to twenty-one. They are the named ones — figures, forces, events with titles instead of suits. In most decks they are printed with a number in Roman numerals at the top, and they are the cards people mean when they say a reading felt *big*.

Three things worth knowing before you start, none of which are meanings.

They are a sequence. Zero is a figure setting out; twenty-one is a figure complete. Whatever happens in between happens in an order

somebody chose. You are allowed to notice that order and to have an opinion about it.

They repeat their own furniture. Pillars, crowns, thrones, water, a distant mountain range, the same yellow sky. Once you have written twenty-two pages you will start seeing objects travel from card to card, and that is your own system forming.

They are drawn to be read, not decoded. Every figure is doing something specific with their hands and their gaze. Watch those two things first.

Go in order

First pass, zero through twenty-one. Wander later.

Three a day

The schedule at the back clears these in a week.

No looking ahead

Don't read your own later pages before you write them.



The Fool

MAJOR ARCANA · 0

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

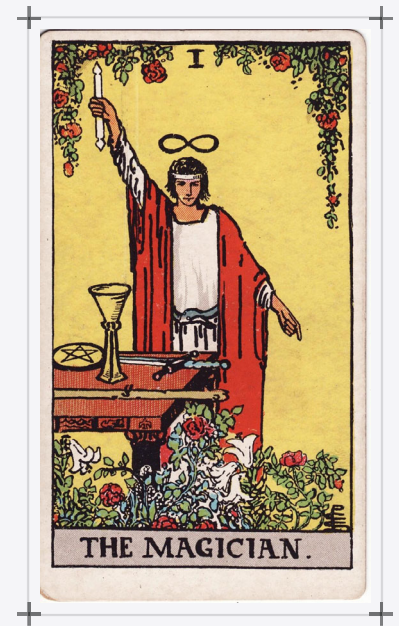
3 · What does this card mean to you right now?



The Magician

MAJOR ARCANA · I

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The High Priestess

MAJOR ARCANA · II

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Empress

MAJOR ARCANA · III

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Emperor

MAJOR ARCANA · IV

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Hierophant

MAJOR ARCANA · V

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

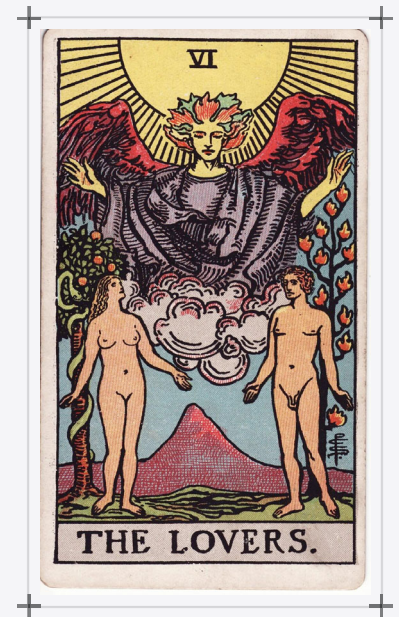
3 · What does this card mean to you right now?



The Lovers

MAJOR ARCANA · VI

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Chariot

MAJOR ARCANA · VII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Strength

MAJOR ARCANA · VIII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Hermit

MAJOR ARCANA · IX

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Wheel of Fortune

MAJOR ARCANA · X

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Justice

MAJOR ARCANA · XI

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Hanged Man

MAJOR ARCANA · XII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

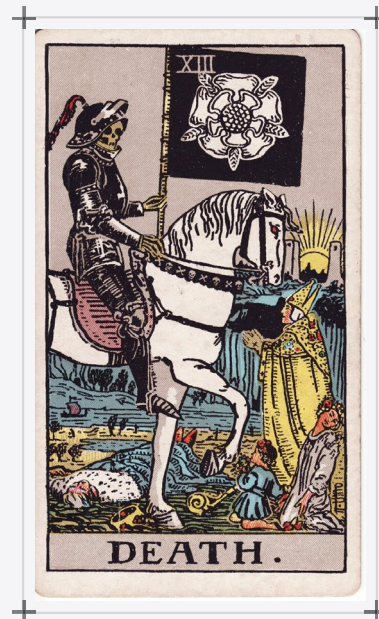
3 · What does this card mean to you right now?



Death

MAJOR ARCANA · XIII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Temperance

MAJOR ARCANA · XIV

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Devil

MAJOR ARCANA · XV

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Tower

MAJOR ARCANA · XVI

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Star

MAJOR ARCANA · XVII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Moon

MAJOR ARCANA · XVIII

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The Sun

MAJOR ARCANA · XIX

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Judgement

MAJOR ARCANA · XX

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



The World

MAJOR ARCANA · XXI

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



THE MINOR ARCANA

Four suits of fourteen. Where the majors are weather, these are the days: smaller, closer, more practical. You do not need their meanings either — but a suit does have a general temperature, and knowing it is like knowing which room of the house you are standing in. Hints only, below.

Pentacles

COINS · DISCS · EARTH

Usually about material things: work, money, the body, food, houses, skill built slowly. Ask what it costs and who is paying.

Swords

BLADES · AIR

Usually about the mind: thinking, words, truth, argument, worry, decisions. Sharp in both directions — it cuts and it clarifies.

Cups

CHALICES · WATER

Usually about emotions: love, family, grief, dreams, what you are full of and what you are pouring out. Watch whether the cup is held or spilled.

Wands

STAVES · RODS · FIRE

Usually about drive: energy, ambition, creativity, travel, the thing you want to start. Notice whether the staff is planted, carried, or swung.

Ace through Ten

Read these as situations. An Ace tends to be the suit at its beginning, a Ten at its limit. Everything between is a stage of the same story — but write what you see, not what the number tells you.

Page, Knight, Queen, King

Read these as people, or as a way of behaving. Ask a plain question of each: who does this remind me of, and is it me? Note the posture before the face.



MINOR ARCANA · FOURTEEN CARDS

PENTACLES

COINS · DISCS · EARTH

Work, money, the body, the slow build.



Ace through Ten, then Page, Knight, Queen, King. Three a day clears the suit in five.



Ace of Pentacles

PENTACLES · 01

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Two of Pentacles

PENTACLES · 02

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Three of Pentacles

PENTACLES · 03

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Four of Pentacles

PENTACLES · 04

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Five of Pentacles

PENTACLES · 05

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Six of Pentacles

PENTACLES · 06

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Seven of Pentacles

PENTACLES · 07

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Eight of Pentacles

PENTACLES · 08

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Nine of Pentacles

PENTACLES · 09

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Ten of Pentacles

PENTACLES · 10

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Page of Pentacles

PENTACLES · 11

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Knight of Pentacles

PENTACLES · 12

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Queen of Pentacles

PENTACLES · 13

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



King of Pentacles

PENTACLES · 14

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



MINOR ARCANA · FOURTEEN CARDS

SWORDS

BLADES · AIR

Thought, words, truth, the decision.



Ace through Ten, then Page, Knight, Queen, King. Three
a day clears the suit in five.



Ace of Swords

SWORDS · 01

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Two of Swords

SWORDS · 02

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

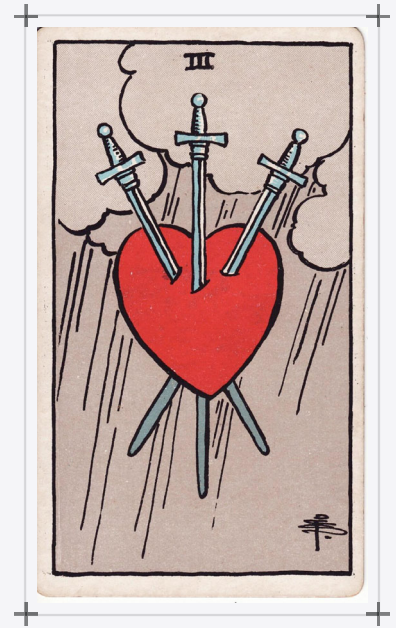
3 · What does this card mean to you right now?



Three of Swords

SWORDS · 03

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

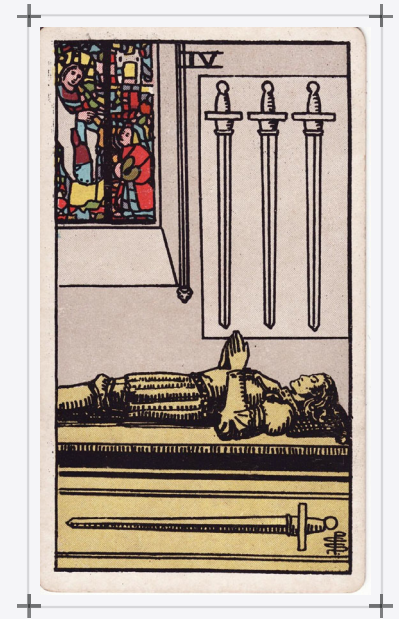
3 · What does this card mean to you right now?



Four of Swords

SWORDS · 04

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Five of Swords

SWORDS · 05

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Six of Swords

SWORDS · 06

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

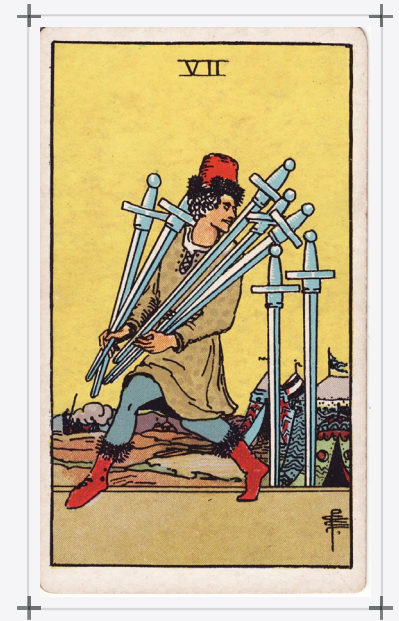
3 · What does this card mean to you right now?



Seven of Swords

SWORDS · 07

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Eight of Swords

SWORDS · 08

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Nine of Swords

SWORDS · 09

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Ten of Swords

SWORDS · 10

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Page of Swords

SWORDS · 11

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

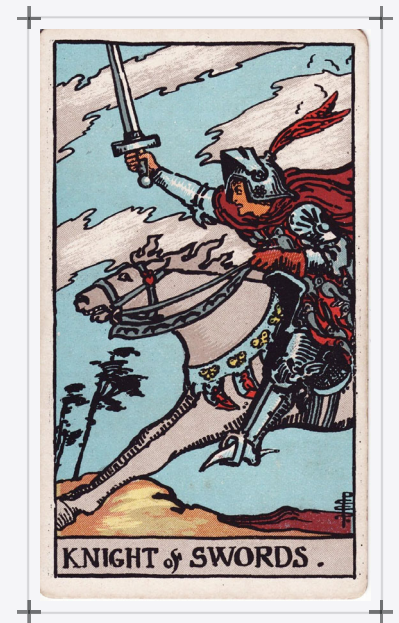
3 · What does this card mean to you right now?



Knight of Swords

SWORDS · 12

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Queen of Swords

SWORDS · 13

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



King of Swords

SWORDS · 14

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



MINOR ARCANA · FOURTEEN CARDS

CUPS

CHALICES · WATER

Feeling, love, grief, the dream.



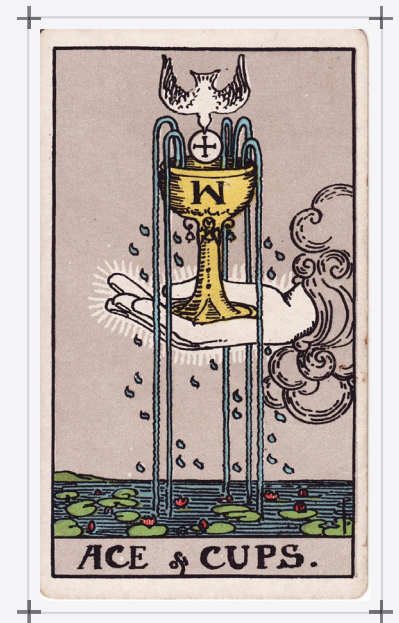
Ace through Ten, then Page, Knight, Queen, King. Three
a day clears the suit in five.



Ace of Cups

CUPS · 01

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Two of Cups

CUPS · 02

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Three of Cups

CUPS · 03

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Four of Cups

CUPS · 04

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Five of Cups

CUPS · 05

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Six of Cups

CUPS · 06

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Seven of Cups

CUPS · 07

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Eight of Cups

CUPS · 08

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Nine of Cups

CUPS · 09

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Ten of Cups

CUPS · 10

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Page of Cups

CUPS · 11

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Knight of Cups

CUPS · 12

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Queen of Cups

CUPS · 13

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



King of Cups

CUPS · 14

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



MINOR ARCANA · FOURTEEN CARDS

WANDS

STAVES · RODS · FIRE

Energy, ambition, the thing you start.



Ace through Ten, then Page, Knight, Queen, King. Three
a day clears the suit in five.



Ace of Wands

WANDS · 01

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Two of Wands

WANDS · 02

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Three of Wands

WANDS · 03

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Four of Wands

WANDS · 04

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Five of Wands

WANDS · 05

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Six of Wands

WANDS · 06

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Seven of Wands

WANDS · 07

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

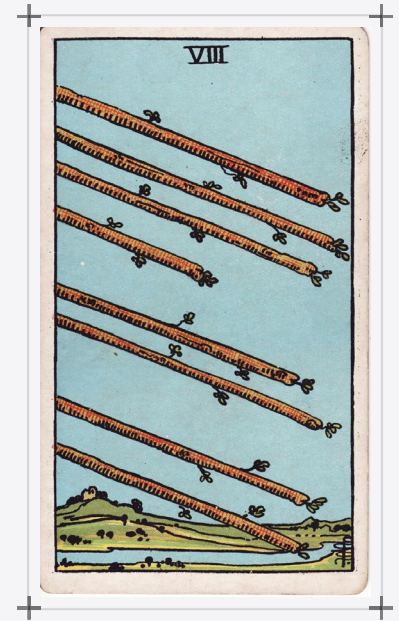
3 · What does this card mean to you right now?



Eight of Wands

WANDS · 08

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Nine of Wands

WANDS · 09

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Ten of Wands

WANDS · 10

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Page of Wands

WANDS · 11

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Knight of Wands

WANDS · 12

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



Queen of Wands

WANDS · 13

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



King of Wands

WANDS · 14

1 · What is your first feeling about this card?



2 · When you look again, what details did you miss?

3 · What does this card mean to you right now?



YOU ALREADY KNOW HOW TO DO THIS

Seventy-eight pages sounds like a mountain. It is thirty days of eight minutes. If you miss a day, do not restart and do not double up out of guilt — just pick up where you stopped. The book is not a test; it is a record of your attention, and attention is the only thing we are training.

DAYS	WHAT YOU COVER	PACE
1 – 7	Major Arcana, The Fool through Judgement	Three cards a day
8	The World, then reread your first seven days	One card + review
9 – 13	Pentacles, Ace through Queen	Three cards a day
14	King of Pentacles, and rest	One card
15 – 19	Swords, Ace through Queen	Three cards a day
20	King of Swords, and rest	One card
21 – 25	Cups, Ace through Queen	Three cards a day
26	King of Cups, and rest	One card
27 – 29	Wands, Ace through Queen — the last long push	Four cards a day
30	King of Wands. Then read the whole book straight through.	One card + review

Day 30 is the point

Reading your own month back is where the deck becomes yours. Mark the three pages that surprise you.

Then go look them up

Now the traditional meanings are useful. You will argue with some of them. Good — you have evidence.

Start a second pass

Same deck, new book, one card a morning. The second month is when people stop asking me what cards mean.

Finished the month? Write the date here and keep the book.

Completed _____

— Mona “Wonder” Ramirez

